



Proactive Release

Submissions on the Child and Youth Wellbeing Strategy

August 2019

The Department of the Prime Minister and Cabinet has released the following submission received during its public consultation on the child and youth wellbeing strategy.

Some of the information contained within this release is considered to not be appropriate to release and, if requested, would be withheld under the Official Information Act 1982 (the Act).

- Where this is the case, the information has been withheld, and the relevant section of the Act that would apply, has been identified.
- Where information has been withheld, no public interest has been identified that would outweigh the reasons for withholding it.

Key to redaction codes and their reference to sections of the Act:

- **9(2)a** – Section 9(2)(a): to protect the privacy of natural persons, including deceased people.

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Child and Youth Wellbeing Strategy – Submission Template

This document is intended for individuals or groups who wish to make a formal submission on the child and youth wellbeing strategy.

Please complete this template and email it to: childandyouthwellbeing@dpmc.govt.nz

A guide to making a submission is available on the DPMC website <https://dpmc.govt.nz/our-programmes/child-and-youth-wellbeing-strategy>

Submissions will close on **Wednesday 5 December**.

Please provide details for a contact person in case we have some follow up questions.

Contact Name:	Shelley McMeeken
Email Address:	9(2)□(a)
Phone Number:	09 579 9931
Organisation Name:	Halberg Foundation
Organisation description: (tell us about your organisation – i.e. who do you represent? How many members do you have? Are you a local or national organisation?)	<p>The Halberg Foundation was founded in 1963 by Olympic running champion Sir Murray Halberg (ONZ) and aims to enhance the lives of physically disabled New Zealanders by enabling them to participate in sport and recreation.</p> <p>The Foundation is led by a strong board and a network of over 50 influential Trustees around New Zealand who are leaders in sports, business, community and disability. The Foundation's patron is Her Excellency The Right Honourable Dame Patsy – Governor General of New Zealand.</p> <p>The core work of the Foundation is a team of Halberg Advisers based regionally around the country who connect physically disabled young people to sport and active recreation opportunities.</p> <p>The Advisers also deliver an inclusive training course on how to adapting physical activity, sport and recreation. They work with clubs, schools and organisations to provide inclusive events, coaching and programmes.</p> <p>The Foundation also hosts the Halberg Games - a national three day sports competition for physically disabled young people for physically disabled and vision impaired young people aged eight - 21 years. The Games give the attendees the opportunity to compete against other young people with similar impairments and pursue further sports goals. Nearly 150 athletes competed at the Halberg Games in 2018 in 12 regional teams across 20 different sports.</p> <p>At the Opening Ceremony to launch the Games speakers included; Prime Minister Jacinda Ardern, Paralympian Holly Robinson, Disability Rights Commissioner Paula Tesoreiro and Her Excellency Dame Patsy Reddy.</p> <p>During her address to the athletes and guests Prime Minister Jacinda Ardern mentioned the Child and Youth Wellbeing Strategy and encouraged all attendees to make a submission.</p>

	<p>By working with physically disabled people <u>and</u> the organisations which provide their sporting and recreational opportunities the Foundation seeks sustainable changes that will influence the growth of a more inclusive society.</p> <p>For more information go to www.halberg.co.nz</p>
<p>Executive Summary: (Please provide a short summary of the key points of your Submission - 200 words)</p>	<p>The Halberg Foundation’s vision is for an inclusive New Zealand. We seek the government’s support in ensuring this vision is achieved.</p> <p>The Foundation is submitting this application to ensure the Government’s priorities on the wellbeing of children and young people includes physically disabled young people being able to access all the benefits of being active.</p> <p>The work the Foundation does to ensure physically disabled young people can participate in sport and recreation at home, school at the local sports club, field, centre or beach is immensely important because all New Zealanders should be able to access all the benefits of being active.</p> <p>These benefits extend beyond the obvious fitness and health outcomes, there is evidence that it can also improve social skills, self-esteem, confidence, emotional well-being, provide leadership opportunities and a stronger sense of belonging – and these are enhanced for physically disabled young people due to the daily barriers they have to overcome.</p> <p>Disabled young people participating in sport also impacts the people and communities around them in a positive way.</p> <p>The work the Foundation does is focussed on removing the barriers to inclusion in sport and active recreation for physically disabled young New Zealanders.</p> <p>The government’s priorities for improving child and youth wellbeing should include:</p> <ol style="list-style-type: none"> 1. To improve sport and active recreation opportunities for physically disabled young New Zealanders 2. Provide specific funding for teachers, training teachers, special education staff and teacher aides to receive inclusion training 3. Provide additional funding to support inclusive sport and recreation programmes and organisations

Submission Content

The Halberg Foundation's whakatauki "“He waka eke noa, mō Aotearoa whānui” means we are all in this waka together, for all the people of New Zealand. We require Government collaboration and the prioritisation of health and well-being of physically disabled young New Zealanders to make this happen.

To meet the needs of physically disabled young New Zealanders to access the benefits of being active, the Government need to prioritise the following areas:

1. To improve sport and recreation opportunities for physically disabled young New Zealanders
2. Provide specific funding for teachers, training teachers, special education staff and teacher aides to receive inclusion training
3. Provide additional funding to support inclusive sport and recreation programmes and organisations

To improve sport and recreation opportunities for physically disabled young New Zealanders

Inclusive sport and recreation opportunities require collaboration, funding and support from the Government and should be priorities by the Ministry of Health, Ministry of Education and Sport New Zealand.

Provide specific funding for teachers, training teachers, special education staff and teacher aides to receive inclusion training

All schools should provide inclusive physical activities and sports to ensure all students can participate. Schools should be provided funding and support to ensure they have the skills, training and support to be able to deliver activities for all.

Provide additional funding to support inclusive sport and recreation programmes and organisations

Funding is a major barrier to participation in sport and recreation for someone with a physical disability this can cover equipment, transport, or other medical related issues that can put sport and recreation as a lower priority for the families of physically disabled young people.

The Halberg Foundation aims to reduce and remove the barriers of participation in sport and recreation for physically disabled young people. These barriers include; **funding, relevant training of sport and physical activity deliverers, choice, location.**

Halberg Foundation's guiding principles

1. The opportunity to participate in sport is a basic human right of all people
2. The Halberg Foundation works primarily with physically disabled young people to ensure nearby sustainable opportunities
3. We use the 'inclusion spectrum' to ensure there is choice available for individuals
4. We work with sports that provide pathways for physically disabled people to participate regularly
5. We promote holistic approaches of physical literacy and universal design
6. We will ensure physically disabled people understand the competitive sporting pathways as well as non-traditional options and programmes
7. We are committed to continuous improvement of our people, programmes and partners
8. To be successful we need to collaborate with individuals and organisations in the sector
9. Disabled young people should provide leadership around their needs

10. Disabled young people participate in sport for the same reasons as non-disabled
11. We will work one-to-one, one to few and one to many in the disability community
12. Physical activity benefits self-esteem, fitness, leadership, teamwork, social cohesion, confidence, empowerment
13. Start active, stay active
14. We are guided by the United Nations Convention, New Zealand Disability Strategy 2016- 2026, SNZ, PNZ pathways

The Halberg Foundation champions the rights, abilities and potential of physically disabled young New Zealanders - 21 and under In 2016 we formed the Halberg Youth Council - a group of 10 young leaders providing the voice of physically disabled people assisting with Halberg's programmes and who we have connected with the Disability, Sport and Youth Ministers to ensure they inclusion message is heard.

Outcomes

The outcomes of the Halberg Foundation go beyond the obvious fitness and health benefits of being active through sport and recreation. Being included in sport and recreation, in school and at local sports clubs and facilities helps improve social skills, self-esteem, confidence, emotional well-being and a stronger sense of belonging for the young people we assist.

These outcomes are supported by the April 2018 Sport New Zealand 'Value of Sport' study which revealed;

- Sport participation by New Zealand secondary school students is associated with higher academic performance and attendance rates, less lateness and stand downs
- 88% believe that sport and other physical activities provide them with opportunities to achieve and help build confidence
- 84% believe sport and physical activity bring people together and create a sense of belonging
- 74% say sport and physical activity help build vibrant and stimulating communities
- Physical inactivity is the fourth biggest risk factor for non-communicable disease and accounted for 3 billion deaths globally in 2010.

The work we do in communities to raise awareness and understanding through education, training and advice is important to ensure non-disabled New Zealanders also understand the importance of an inclusive society.

Please note that your submission will become official information. This means that the Department of the Prime Minister and Cabinet may be required to release all or part of the information contained in your submission in response to a request under the Official Information Act 1982.

The Department of the Prime Minister and Cabinet may withhold all or parts of your submission if it is necessary to protect your privacy or if it has been supplied subject to an obligation of confidence.

Please tell us if you don't want all or specific parts of your submission released, and the reasons why. Your views will be taken into account in deciding whether to withhold or release any information requested under the Official Information Act and in deciding if, and how, to refer to your submission in any possible subsequent paper prepared by the Department.