



Proactive Release

Submissions on the Child and Youth Wellbeing Strategy

August 2019

The Department of the Prime Minister and Cabinet has released the following submission received during its public consultation on the child and youth wellbeing strategy.

Some of the information contained within this release is considered to not be appropriate to release and, if requested, would be withheld under the Official Information Act 1982 (the Act).

- Where this is the case, the information has been withheld, and the relevant section of the Act that would apply, has been identified.
- Where information has been withheld, no public interest has been identified that would outweigh the reasons for withholding it.

Key to redaction codes and their reference to sections of the Act:

- **9(2)a** – Section 9(2)(a): to protect the privacy of natural persons, including deceased people.

An external party holds copyright on this material and therefore its re-use cannot be licensed by the Department of the Prime Minister and Cabinet.

From: 9(2)(a)
Sent: Wednesday, 5 December 2018 10:22 PM
To: Child Youth Wellbeing [DPMC]
Subject: OUR Submission re Child and Youth Well- being.

Categories: Green category, Yellow category

9(2)(a) You're amazing.

The only other thing is I wonder if we could give an explanation where you talk about biophysical aspects ... feeling disempowered etc maybe give an example of fears such as Tsunami etc, like how you explained to me.

Well Done 9(2)(a) You're amazing.

Kind Regards

9(2)(a)

From: 9(2)(a)
Sent: Wednesday, 5 December 2018 3:06 PM
To: 9(2)(a)
Subject: OUR Submission!

Child and Youth Wellbeing Strategy – Submission Template

This document is intended for individuals or groups who wish to make a formal submission on the child and youth wellbeing strategy.

Please complete this template and email it to: childandyouthwellbeing@dpmc.govt.nz

A guide to making a submission is available on the DPMC website <https://dpmc.govt.nz/our-programmes/child-and-youth-wellbeing-strategy>

Submissions will close on **Wednesday 5 December**.

Please provide details for a contact person in case we have some follow up questions.

Contact Name:	9(2)(a)
Email Address:	
Phone Number:	
Organisation Name:	ABLE, Southern Family Support. Murihiku Region with an office in Invercargill

<p>Organisation description:</p> <p>(tell us about your organisation – i.e. who do you represent? How many members do you have? Are you a local or national organisation?)</p>	<p>Our organisation is called ABLE Southern Family Support. ABLE supports families who have a loved one with a mental illness and or drug or alcohol addiction. Our organisation has 30 members who are employed as support workers, in management, or activity based support workers for Tangata Whaiora and administration.</p> <p>Our organisation is an NGO and is governed by a Board of Trustees. It covers the area South of the Waitaki with branches in Oamaru, Dunedin, Alexandra and Invercargill</p>
<p>Executive Summary:</p> <p>(Please provide a short summary of the key points of your Submission - 200 words)</p>	<p>We wish to support strong family units which will bring the best outcomes for children and youth- including a safe place to live, free of violence, warm, inviting and with lots of love for the child or youth offered by the immediate and wider whanau group.</p> <p>Inclusive of and respect for cultural aspects.</p> <p>A living wage for the family so there are options for choices eg recreation, fun, good healthy food, education, warm clothes, school trips. A living wage also reduces stress in the home.</p> <p>Health needs fully met eg dental, mental, physical and spiritual- using Nga Tapa Wha model of well being ie hinengaro (mind), tinana (body), wairua (spiritual), whanau (family).</p> <p>Counselling is another essential need for children and youth who have been abused in any form.</p> <p>Free education helping children and youth to achieve their goals, encouraged by support from whanau and mentors.</p> <p>Time to relax and enjoy life with whanau and friends.</p>

Submission Content

He iti, he pounamu. It may be small but it is very precious.

It is imperative that the whole community is involved in protecting and raising children and youth. We are all responsible for their well-being. There are a lot of aspects of life which contribute to a sense of well-being which do not cost money eg spirituality, sense of self-worth, having whanau, knowing you are loved, knowing you are making a difference and contributing to society. Children and youth need to be able to know what it means to be a whole human being, having the best opportunities which lead to them experiencing a full and fulfilling life- based on a holistic view.

Biophysical aspects contribute to well-being for children and youth as well, not just economic aspects. The way our world functions and ensuring that continues is another aspect. Climate change and its implications are impacting on children and youth's sense of well-being at present. Not knowing, feeling disempowered and feeling they don't know where to start to make the changes we all need to as it can appear too big and beyond their control is another anxiety. Seeing the impact of climate change now especially on TV is shocking and bewildering for children and youth eg tsunami, wildfires out of control, heat waves, floods, hurricanes... It is essential the Government takes a lead on this before anxiety levels rise further in children and youth.

Being protected from addictions to machines such as gambling, gaming on line, pornography on line is a right of every child and youth.

Other minerals which have a very negative impact on children and youth's health and the well-being of your planet are fossil fuels- especially all forms of coal, oil and natural gas. In light of the carbon emissions generated by burning of these substances, they play no part in contributing to children and youth's well-being and all mining and burning of them needs to be stopped immediately. Children and youth being subjected to the emissions from such fuels, when their lungs and other vital body parts are developing is a real health concern. It has huge implications for both their childhood and youth and future health as adults.

Other aspects of society which contribute to our well-being in a positive way are culture, especially for Tikanga Maori who have a holistic view of the world and what it means to stand tall on their turangawaewae. Culture gives confidence, value, a knowledge of making a positive difference in society by contributing. Children and youth need to have the opportunity to immerse themselves in their own culture as well as learn about other people's culture.

Sustainable development is one way of looking at using social capital but not development at any cost. This generation has already used many of the earth's resources in a non-sustainable way and we need to restrain ourselves so there will be a world with resources left for future generations- which we are all responsible for. This is a huge responsibility which we have not been taking seriously to date. Every child and youth has a right to well-

being as part of the natural world processes, which we as adults and decision makers need to be mindful of.

Other aspects of signs of well-being for children and youth include mental health, resilience, thought for future generations, having 'enough' compared to excess and extravagance, equity and a freedom from pollution especially air and water pollution. Social support, exercise, fun, relaxation, good life balance, healthy food, education, participation in the arts, spirituality, friendships, choices, freedom from fear and violence in all its forms all contribute to well-being for children and youth. Access to the natural world such as bush, native animals, wide open spaces, mountains, sea, lakes and rivers also all contribute to well-being.

Thank you for the chance to contribute.

Nau te rourou, naku te rourou, ka ora te iwi.

From my food basket and your food basket, there is sufficient for everyone.

Rangimarie,

9(2)(a)

Support Workers,

Please note that your submission will become official information. This means that the Department of the Prime Minister and Cabinet may be required to release all or part of the information contained in your submission in response to a request under the Official Information Act 1982.

The Department of the Prime Minister and Cabinet may withhold all or parts of your submission if it is necessary to protect your privacy or if it has been supplied subject to an obligation of confidence.

Please tell us if you don't want all or specific parts of your submission released, and the reasons why. Your views will be taken into account in deciding whether to withhold or release any information requested under the Official Information Act and in deciding if, and how, to refer to your submission in any possible subsequent paper prepared by the Department.



This email has been checked for viruses by Avast antivirus software.
www.avast.com